Career Discovery Report

Deep insights on your holistic profile and recommended career paths according to your strengths.

Name
Class
School

YOUR CAREER. OUR MISSION.
Congratulations!
You have reached your 1st milestone in your career success journey.

Complete your profile to Activate your Dashboard
Make your proprietary 360-Dimensional Assessment
Discover in-depth insights

Get personalized sessions with our Career Experts
Do Interactive Career focused activities
Explore your best fit Careers

Follow your Career Development Plan
Benefit from revolutionary Goal Tracking and Progress Mapping
Dedicated Career Coach

SAMPLE REPORT
MINDLER framework

We are proud to have build, validated and standardised the 1st Psychometric Assessment relevant for the Indian Context.

Our framework has been devised by top-notch psychologists and data scientists from the best institutes of our country. Their endless efforts in building this ground breaking research has won us recognition and accolades from Asia Pacific Career Development Association, Taipei & National Career Development Association, USA.

Let's now look at each part of this framework to get insights about you, so that we can recommend your best suited career paths.
Your Orientation Style

What is Orientation Style?
Orientation style identifies what an individual is driven by. Understanding the orientation style will help you with career decision based on your dominant style of interaction with the surroundings.

Your Dominant Style
The scores obtained on this style inventory indicate that you seek novelty and like to work with your ideas. You are curious to understand the know-how of things and their functioning. You wish to have your own ways of doing things with unique ideas. You like to feel free to create, discover and synthesize new products from abstract notions and concepts. You may prefer to work in unstructured situations where you can experiment with your intuitive ideas. You may be observed as independent, original and expressive at the workplace.

Your Secondary Style
The scores obtained on this style inventory indicate that you are people-orientated. This means that you like to interact with people and have an understanding of their problems and needs. You are drawn more to seek close relationships with others. Your style indicates that you will be good in tasks in which you have to lead, direct and persuade others. You cooperate well with others and can express yourself clearly. You make friends easily and are observed as trustworthy, social and helpful at the workplace.

Your Orientation Style

<table>
<thead>
<tr>
<th>Orientation Style</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Administrative</td>
<td>3</td>
</tr>
<tr>
<td>Informative</td>
<td>4</td>
</tr>
<tr>
<td>Creative</td>
<td>7</td>
</tr>
<tr>
<td>People</td>
<td>5</td>
</tr>
</tbody>
</table>
Your Interest

What is Interest?

Understanding your Interest will help you identify what work areas excite you and helps you identify career options which are personally rewarding. Interest assessment explores your interest across multiple career options to find the right match which shall keep you engaged.

Your Dominant Interest Areas

<table>
<thead>
<tr>
<th>Interest Area</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Applied Arts</td>
<td>6</td>
</tr>
<tr>
<td>Commerce &amp; Management</td>
<td>9</td>
</tr>
<tr>
<td>Defense Services</td>
<td>3</td>
</tr>
<tr>
<td>Design</td>
<td>8</td>
</tr>
<tr>
<td>Distribution &amp; Logistics</td>
<td>5</td>
</tr>
<tr>
<td>Education Training &amp; Social Services</td>
<td>7</td>
</tr>
<tr>
<td>Engineering, Information &amp; Technology</td>
<td>2</td>
</tr>
<tr>
<td>Entrepreneurship</td>
<td>9</td>
</tr>
<tr>
<td>Finance &amp; Accounting</td>
<td>2</td>
</tr>
<tr>
<td>Governance &amp; Administration</td>
<td>6</td>
</tr>
<tr>
<td>Health, Medicine &amp; Fitness</td>
<td>4</td>
</tr>
<tr>
<td>Hospitality</td>
<td>5</td>
</tr>
<tr>
<td>Actuarial Sciences</td>
<td>5</td>
</tr>
<tr>
<td>Legal</td>
<td>4</td>
</tr>
<tr>
<td>Marketing</td>
<td>7</td>
</tr>
<tr>
<td>Media &amp; Communication</td>
<td>6</td>
</tr>
<tr>
<td>Performing Arts</td>
<td>6</td>
</tr>
<tr>
<td>Sales</td>
<td>5</td>
</tr>
<tr>
<td>Science &amp; Maths</td>
<td>7</td>
</tr>
<tr>
<td>Social Sciences &amp; Humanities</td>
<td>7</td>
</tr>
</tbody>
</table>
Your Personality

What is Personality?

Understanding your Personality will help you identify your consistent behavior patterns. Every individual is different due to their unique blend of attributes. Personality assessment identifies what career options suit your style and match your personal attributes.

Your Dominant Personality Traits:

<table>
<thead>
<tr>
<th>Trait</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Extraversion</td>
<td>5</td>
</tr>
<tr>
<td>Moral Conformity</td>
<td>5</td>
</tr>
<tr>
<td>Resilience</td>
<td>5</td>
</tr>
<tr>
<td>Integrity</td>
<td>5</td>
</tr>
<tr>
<td>Agreeableness</td>
<td>5</td>
</tr>
<tr>
<td>Locus of Control</td>
<td>5</td>
</tr>
<tr>
<td>Decision Making Capacity</td>
<td>5</td>
</tr>
<tr>
<td>Enterprising</td>
<td>5</td>
</tr>
<tr>
<td>Intense Pursuit</td>
<td>5</td>
</tr>
<tr>
<td>Enthusiasm</td>
<td>9</td>
</tr>
<tr>
<td>Organizational Skills</td>
<td>3</td>
</tr>
<tr>
<td>Perfectionism</td>
<td>5</td>
</tr>
<tr>
<td>Perseverance</td>
<td>5</td>
</tr>
<tr>
<td>Practical</td>
<td>2</td>
</tr>
</tbody>
</table>
## Locus of Control

**Meaning**
Locus of Control is the individual's perception of the power they have over events that happen in their lives. People with this trait believe that they have control over their own destiny and are convinced about their own skills.

**Expert Analysis**
You feel that all your abilities, skills and reinforcement are dependent on your luck and external factors. You feel better when you get directive from others, as your decision-making may be low which makes you less of a leader and more of a follower. You are not very good in situations where initiative is to be taken and your dependency is high making you less independent in nature.

**Development Plan**
You can improve your internal locus of control through the following strategies:
- **Be assertive:** You have to start speaking up your mind and take responsibility for your acts as blaming others would not work in life.
- **Develop trust:** After understanding your strengths, you have to start trusting yourself. Believe in whatever you do or perform. Strong level of trust in oneself makes a person confident and composed.
- **Stop being judgmental:** Stop judging all your actions and go easy on yourself. Demanding too much sometimes leads to drainage of strength and hence failures.
- **Be relaxed and rejuvenate yourself:** Sometimes too much of stress to excel leads to panic and then everything you work on gets spoiled. Take timeouts to start regaining confidence in yourself.

## Resilience

**Meaning**
Resilience is the ability to pursue chosen path despite stress, high-risk status, challenges and hardships.

**Expert Analysis**
Your responses indicate that though you have difficulty in stressful situations but sometimes you tend to handle it well. You may struggle in adapting to varied circumstances and sometimes may falter in sticking to your tasks or schedule. This makes you less productive in high stress situations and it becomes difficult for you to bounce back from setbacks or failures.

**Development Plan**
You can improve your resilience by using the following strategies:
- **Learn to be more flexible.** It is always better to embrace change and adapt as per the requirements. It helps in handling stress in a better manner and work more effectively.
- **Be optimistic & do not lose hope.** It is always better to be optimistic during hardships. A sense of optimism helps in dealing with difficult situations.
- **Learn to tackle your problems step by step.** Think of taking small steps while resolving problematic circumstances.
- **Develop a strong social network.** Being with people that are supportive and encouraging can be very helpful in facing hardships.
## Your Personality in Detail

### Integrity

**Meaning**

Synonymous with honesty, principles, sincerity, scruples; integrity means being honest and living by universal principles of right and wrong.

**Expert Analysis**

Your score indicates that on one hand you perceive set norms as important and on the other hand you sometimes don’t give that much importance to it. You can compromise on your set standards and integrity. Personal gains may prove to be more important for you and you may be ready to compromise on your set rules and norms. You often face conflicts to decide between right and wrong.

### Moral Conformity

**Meaning**

Moral conformity implies standing by your principles & code of conduct rather than matching attitudes, beliefs, and behaviors to group norms so as to fit into the group.

**Expert Analysis**

You can quickly analyze the demands and gravity of the situation and take appropriate decisions keeping in mind the principles of morality and interest of the society. Your decisions are based on rationality and not on emotions. Your decisions are not influenced by group pressure and you stand by your principles of right & wrong. You can easily withstand the group pressure if it goes against your notion of morality.

### Development Plan

**Right vs. Wrong Dilemma:** You should learn how to develop the difference between right and wrong and how you can deal with conflicting situations.

**Place a rule book in your life:** Start afresh set of norms in your life. Begin with simple tasks and complete them on set timelines and gradually move to the bigger tasks. Be aware of your decisions and recognize your mistakes and try to not repeat them in future.

**Accept ups & downs:** You should have courage to accept your failures along with appreciations for the achievements regardless of the person providing the feedback.
Your Personality in Detail

**Agreeableness**

**Meaning**
Agreeableness is the ability to sympathize with others, trust them and be warm, concerned and cooperative towards them.

**Expert Analysis**
You are mostly optimistic about human nature. You believe that generally people are warm, considerate and cooperative. You are usually willing to help people who have helped you in the past, or people whom you consider good. You are willing to work with others and give full cooperation to the group. You do not want yourself to be engaged in conflict and try to maintain harmony with others most of the time.

**Development Plan**
You can increase your agreeableness level by using following strategies:
- Try to see things from perspectives of others. This will help you better understand the behavior of other people and also the reasons why they behave in certain ways. Also check on how you would have reacted in a similar situation.
- Accept that all people are different. Rather than competing with others and suspecting their intentions, it is better you understand that everyone is unique. This will help you accept different viewpoints and also maintain social harmony.
- Different people different voices. Everyone has a point of view which needs to be respected. Listening to these voices will help you to sympathize with them.

**Extraversion**

**Meaning**
Extraversion is the ability to talk easily to others, assert viewpoints and prefer working in groups, rather than working alone.

**Expert Analysis**
You take immense pleasure in social gatherings; enjoy spending time with people and dislike loneliness. You are outgoing & have the ability to approach strangers with ease and can initiate conversations on a wide range of topics. You prefer working in groups rather than working alone; eagerly share your opinions among group members and find it easy to assert yourself.

**Development Plan**
You have scored well in this trait.
Your Personality in Detail

Team Work

Meaning
Team work implies including not only your views but also the views of others while working towards a common goal. It involves working collaboratively with people and maximizing the team output.

Expert Analysis
You may find it difficult to work with others in a team. You face some difficulty in communicating your views with other members of your team. This interferes with your ability to work with a group of people, in order to achieve a goal. This also makes it difficult for you to establish and maintain new relations. You tend to ignore the views of others while making decisions most of the time.

Development Plan
Your scores indicate that you need to put some effort to develop your ability to work collaboratively within a group of people in order to achieve a goal. You can do this by:

- Be an active listener: Developing listening skills will help you to understand others' viewpoints, provide you with learning opportunities and will also minimize misunderstandings. Wherever warranted, you need to express your views to others.
- Add humor: Adding humor in your day-to-day dealings with others will help you to keep a sense of perspective and will also work as a great bonding tool.
- Group activity: You need to try and engage yourself in more group activities wherein coordination and cooperation with members of the team will help achieve the common objective.

Decision Making Capacity

Meaning
Decision making capacity is the tendency to choose effectively from alternatives through reasoning and critical thinking.

Expert Analysis
You have skills that enable you to make decisions at the appropriate time. By anticipating future perspective, you are able to take decisions at the earliest possible. You evaluate the pros & cons of a situation and look for a logical approach towards decision making. High decision making capacity makes you capable to learn from the past difficulties and apply those lessons for the future.

Development Plan
You have scored well in this trait.
### Enterprising

**Meaning**

Enterprising is being assertive, confident, high on risk-taking capacity, and having the ability to persuade others.

**Expert Analysis**

You do take initiative to perform tasks but you lack the assertiveness needed to put across your ideas and thinking. You are not much of a risk-taker and enjoy being in the zone of comfort and safety. You like being a follower rather than a leader. This does not mean that you do not stand out in situations or groups; it just means that you prefer doing things the conventional way and hence the creative and novel aspect in problem solving is less.

**Development Plan**

You can improve your enterprising skills through the following strategies:

- **Be willing to admit and learn from failures and weaknesses:** No one is perfect, and everyone makes mistakes. The most successful person is one who knows that the key to success is not in avoiding failures, but to learn from them. You should continue to improve yourself in every possible way.
- **Being confident:** Learning about any area/domain in detail helps you to become confident in that particular area. You can start by learning more about your hobby.
- **Maintain a positive attitude:** With a positive attitude, you are looking at the bright side of life. People are naturally attracted to you when you have a positive attitude. By being positive, you will lead a happier life, as well as be surrounded by other positive people.
- **Being passionate:** You need to be passionate about the work you do. Passion is contagious and it helps you in persuading others.

### Intense Pursuit

**Meaning**

Synonymous with dedication, devotion & zeal; intense pursuit is having a clear intention, aim, interest, commitment and strong desire to pursue on a chosen path.

**Expert Analysis**

You are very determined and have a lot of all power. You are very passionate about what you choose, and tend to devote a lot of energy and time to it. Your pursuit of goals is full of unmatched commitment and supreme vigor. The quality of being focused in achieving your goal enables you to keep trying and making continued efforts until you reach your goal. Your ability to be intensely absorbed in your pursuits enables you to keep trying and making continued efforts until your goal is achieved.

**Development Plan**

You have scored well in this trait.
## Enthusiasm

### Meaning
Synonymous with vitality, spiritedness & vigor, enthusiasm is having abundant or intense energy and curiosity to gather knowledge.

### Expert Analysis
You are full of excitement, optimism, curiosity & cheerfulness. You face challenges with a sense of enthusiasm that is contagious. Your inquisitiveness is endless; you continuously ask questions & persistently seek their answers. You are constantly seeking new experiences in order to grow & learn. People often seek your company, as you energize them with your presence and cheerful disposition. You are full of energy & vigor, which allows you to perform multiple tasks in the shortest possible time span.

### Development Plan
You have scored well in this trait.

## Organizational Skills

### Meaning
Organization skill is the ability and style of an individual to structure plan and meet their goals in a systematic manner.

### Expert Analysis
Your tendency to not work in a systematic and coordinated way puts a lot of stress on you when it comes to achieving tasks in a specific period of time. You are unable to utilize your time, energy, and resources, in an effective manner and therefore not able to meet your goals at times.

### Development Plan
You can improve your organization skills by using the following strategies:

- **Set specific & realistic goals.** This will help you in being more systematic and efficient, which will enable you to achieve set tasks.
- **Prioritize your work.** Learn to understand the difference between tasks that are highly important and need to be done immediately and the tasks that can be done later. This will help you do your work without delay and not be stressed.
- **Set proper timelines.** When you start a task, set a realistic timeline for the completion of your task. This will make you more systematic and help you to be more structured in doing your task.
## Perfectionism

<table>
<thead>
<tr>
<th><strong>Meaning</strong></th>
<th><strong>Expert Analysis</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Perfectionism is the desire to strive for flawlessness and set high standards of excellence.</td>
<td>Your score stands for an average desire to strive for high standards of excellence. This indicates that you sometimes complete tasks without giving much attention to minute details. You usually don’t look for faults or shortcomings in your own actions as well as that of others and accept them with ease. Due to this, you compromise on the standards of excellence. You don’t feel the sense of responsibility while working on a task. Due to this, the quality of your work may suffer at times.</td>
</tr>
</tbody>
</table>

### Development Plan

- **Detailing**: Break down a task into smaller steps and pay attention to minute details in every step. You can reward yourself for successfully completing every step with perfection.
- **Evaluate your performance**: Be honest while evaluating your performance and work on the areas wherein improvement seems necessary.
- **Set high standards**: You should make an attempt to set high standards of excellence for yourself. This will motivate you to work hard and ultimately perform better.

## Perseverance

<table>
<thead>
<tr>
<th><strong>Meaning</strong></th>
<th><strong>Expert Analysis</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Perseverance is the determination of an individual to complete a task, irrespective of the obstacles.</td>
<td>You remain persistent on a task although it may be surrounded with difficulties. You do not take failures as the end, but believe in working towards the goal, on most occasions. You remain hopeful in tough circumstances and do not give up most of the time. You frequently show self-confidence in your ability to deal with failures and work towards the completion of the task.</td>
</tr>
</tbody>
</table>

### Development Plan

- **Strengthen the belief that nothing is impossible**: Everything is possible if you make constructive efforts to achieve it.
- **Running away from problems is not a solution**: Facing them and dealing with them will help you find a solution.
- **Learn from Failures**: Learning from failures rather than just getting emotionally driven will help build perseverance. A clear focus on the goal and ability to continue the pursuit should lead to success.
- **Create alternatives**: Try and use unconventional problem solving approach, whenever faced with dynamic situations and new complexities.
Your Personality in Detail

**Practical**

<table>
<thead>
<tr>
<th>Meaning</th>
<th>Expert Analysis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Synonymous with pragmatic, real &amp; hands-on, practical is being more concerned with practice than theory.</td>
<td>You tend to overlook the realistic side of theory and rely more on bookish knowledge. You are unable to develop a relationship between what is real and what is theoretical. Your judgments tend to be affected by the theories you may have studied rather than experience. You are more inclined towards conventional ideas and resist making contemporary changes.</td>
</tr>
</tbody>
</table>

**Development Plan**

You can improve your tendency of being more concerned with theory rather than with practice by following certain strategies such as:

- **Try it out** - Hands on experience will help you testing of assumptions and your own belief.
- **Visualize reality** - Try to visualize the practical aspects of theories in day to day situations.
- **Challenge the status quo** - Don't go by pre-set standards or assumptions. Try to challenge the existing way of doing things.
- **Functional Connect** - Develop a functional connection between theory and its practice so as to have a more realistic understanding.
Your Aptitude

What is Aptitude?

Understanding your Aptitude will help you explore your innate strengths. Every individual has a unique area of expertise and their own forte. Aptitude assessment predicts what is your innate ability and potential and helps you find career options that are in sync with your aptitude.

Your Dominant Aptitude Strengths

- Creative
- Language Usage
- Numerical
- Abstract
- Verbal
- Logical Reasoning
- Creative
- Spatial
- Language Usage
- Numerical
- Info Tech
- Mechanical
- Perceptual

Score

Abstract: 7
Verbal: 7
Logical Reasoning: 6
Creative: 9
Spatial: 7
Language Usage: 9
Numerical: 9
Info Tech: 4
Mechanical: 4
Perceptual: 4
## Your Aptitude in Detail

### Abstract

**Meaning**
Ability to work with new concepts, abstract ideas & recognizing patterns and similarities

**Expert Analysis**
Your score indicates that you are skilled at working with new concepts, abstract ideas and recognizing patterns and similarities between them. High abstract aptitude enables you to analyze and understand non-verbal or visual information. It also means that you are able to easily recognize the similarities and differences between ideas, or concepts which are not necessarily related.

**Development Plan**
You have scored well in this trait

### Verbal

**Meaning**
Ability to comprehend words and sentences and deduce meaningful relationship from them

**Expert Analysis**
You are proficient at verbal skills such as correct usage of words, grammar, word meanings, and understanding word relationships. You are usually good at finding the right words to explain ideas and are able to interpret written and spoken instructions. You are also able to absorb communication without losing concentration or becoming confused or left behind. You can learn or extract new information quite fast.

**Development Plan**
You have scored well in this trait
# Logical Reasoning

**Meaning**

Ability to identify and isolate components of an argument to arrive at a complete inference and reach a conclusion.

**Expert Analysis**

You have an average ability to apply logical reasoning to solve problems. At times you find it hard to detect the stronger arguments from the weaker ones. At times when you cannot find logical reason to support your stand, you may lean on emotional reasoning or rely on instincts.

**Development Plan**

You can develop logical reasoning by practicing following strategies:

- **Play mind games:** You should try playing mental games such as chess, Sudoku, word games and other mystery games and puzzles that are easily available online. This will give you an understanding of the patterns and their individual elements and will help you in developing logical reasoning.
- **Practice & Perform non-routine tasks:** You should regularly practice open-mindedness and must make conscious attempts to figure out relationships among related or unrelated stimuli. Read books on logical reasoning and improve your skills by practicing a wide range of problem types.

# Creative

**Meaning**

Ability to develop novel and diverse ideas and solutions for a given problem.

**Expert Analysis**

Your scores reveal that you have high capacity to develop new and diverse ideas and solutions for a given problem. You are able to look at the creative side of things more often than others. You like to have a fresh perspective to things and hence, try to innovate most of the times. You do not believe in going strictly by the rules and like to have alternatives whenever possible.

**Development Plan**

You have scored well in this trait.
### Spatial

**Meaning**

Ability to manipulate shapes in two dimensions or to visualize three-dimensional objects presented as two-dimensional pictures.

**Expert Analysis**

You are skilled at mentally visualizing and manipulating objects in three-dimensional space. You are able to effectively visualize and mentally rotate objects presented to you in two-dimension. This means you can easily rotate an image or object in your mind without actually turning or rotating them. This enables you to mentally rearrange objects even without physically touching them.

**Development Plan**

You have scored well in this trait.

### Language Usage

**Meaning**

Ability to understand and use words along with the grammatical rules and structures to produce meaningful-novel sentences.

**Expert Analysis**

You have a high capacity to understand and use words along with the grammatical rules and structures to produce meaningful and complex sentences. You have a high ability to detect errors in grammar, punctuation, and capitalization and are able to formulate diverse combinations of words and sentences.

**Development Plan**

You have scored well in this trait.
## Your Aptitude in Detail

### Numerical

<table>
<thead>
<tr>
<th>Meaning</th>
<th>Expert Analysis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ability to quickly grasp mathematical functions and to use them to analyze and solve mathematical problems.</td>
<td>You are skilled at making use of numbers and numerical operations rapidly and accurately. You have the capacity to quickly grasp mathematical functions and to use them to analyze and solve mathematical problems with high accuracy.</td>
</tr>
</tbody>
</table>

**Development Plan**
You have scored well in this trait.

### Info Tech

<table>
<thead>
<tr>
<th>Meaning</th>
<th>Expert Analysis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ability to grasp and use principles and concepts of technology and computer programs to solve problems.</td>
<td>You have a good understanding of the principles and concepts of technology. Your responses indicate that you have high awareness about the basic computer programs and their functions. You are quite comfortable when it comes to dealing with computer software. Your awareness about latest technologies and software is also very high. You are extremely comfortable when it comes to learning about the working of new gadgets and software.</td>
</tr>
</tbody>
</table>

**Development Plan**
You have scored well in this trait.
## Your Aptitude in Detail

### Mechanical

<table>
<thead>
<tr>
<th>Meaning</th>
<th>Expert Analysis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ability to grasp and use mechanical concepts and principles to solve problems.</td>
<td>You have a natural understanding of forces and dynamics. You have good knowledge and understanding of mechanical and other physical principles. You are very perceptive of basic mechanical principles, simple machines, tools, electrical, and automotive facts. You are analytical and receptive as you can see a number of forces and factors operating within a problem at any given time.</td>
</tr>
</tbody>
</table>

### Development Plan

You have scored well in this trait.

### Perceptual

<table>
<thead>
<tr>
<th>Meaning</th>
<th>Expert Analysis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ability to accurately and quickly compare similarities and differences among sets of pictures, patterns, objects, letters or numbers.</td>
<td>You are quite capable of working with rapid speed and accuracy in tasks which do not necessarily require high intellectual activity. You take less time to respond to external stimuli of varied nature like pictures, patterns and objects. You can swiftly perceive a whole stimulus when parts of it are missing. You are effective where a quick and precise decision is required.</td>
</tr>
</tbody>
</table>

### Development Plan

You have scored well in this trait.
Your Emotional Quotient

What is Emotional Quotient?

Understanding your Emotional Intelligence will help you understand your effectiveness in social situations. Emotional intelligence assessment identifies how well do you recognize and handle your own emotions and interpersonal relationships.

Your Dominant Emotional Quotient Strengths

- Empathy: 9
- Conflict Management: 9
- Pro Social Behavior: 7
- Emotional Regulation: 4
- Emotional Self Awareness: 9
- Emotional Self Efficacy: 8
- Motivation: 8
## Conflict Management

**Meaning**
- Ability to resolve conflicts through negotiations

**Expert Analysis**
You strongly believe that great results can be achieved by mutual consent of the parties involved. You are very good at understanding your own need and that of the others involved in the conflict. You are a good listener, and listen to both sides before resolving their differences and aligning their interests. Your ability to pay attention to the non-verbal behavior makes you an effective listener. You are confident of maintaining your emotional composure in stressful situations. This allows you to bring humor into the conflict resolution process, whenever things start to get difficult. You have a readiness to forgive, compromise and move on and this allows you to focus on mutual benefits of the parties involved. You are known for your integrity, which make you a trustworthy person.

**Development Plan**
You have scored well in this trait

## Empathy

**Meaning**
- Perceiving and being aware about emotions of others, including being sensitive to a diverse population

**Expert Analysis**
You have a high ability to understand and identify with the feelings of others. You are highly sensitive to understanding the emotions shared by others and in helping them resolve those emotions. You are a good listener and adept at understanding non-verbal cues. As a result, you can easily understand both pain and joy of others. You can intuitively sense what the other person is going through. One important reason for this is that you have high awareness of your own emotional experiences. You show a deep insight into other persons problems and have the ability to “walk in their shoes”. You also have the skill to communicate in an objectively explicit manner to express your understanding of the other person’s problem. Your deep compassion for those you come across makes you a great friend to have.

**Development Plan**
You have scored well in this trait
### Pro Social Behavior

**Meaning**
Having the motivation to help others without any personal gain

**Expert Analysis**
You are highly motivated to help others in ways that will benefit them, without any personal gains or immediate benefit to yourself. The help that you give to others may be trivial like picking up someone’s dropped pen or donating for social causes, or extraordinary behavior like volunteering to rescue stranded people. You rush to help others in need and sometimes tend to ignore the danger to yourself in your desire to help those in distress. If you notice any situation that you consider to be an emergency, you feel compelled to offer your help. This high need to help others in distress also indicates a higher than average ability to empathize with others. Your score also indicates a high interpersonal trust and high degree of social responsibility.

**Development Plan**
You have scored well in this trait.

### Emotional Regulation

**Meaning**
Managing one’s constructive as well as destructive emotions well. Ability to manage stress, anger and anxiety

**Expert Analysis**
Your score indicates that you may find it hard to manage your emotions. If the pressure is high, it may affect your ability to give your best. You also have difficulty asserting yourself, and there are situations in which you find you are being taken advantage of. If a performance in a particular situation is too important for your future, you may find the anxiety unmanageable. Your inability to manage your emotions may also cause problems in your interpersonal relationships. When faced with a setback or a failure, you may find it hard to deal with it.

**Development Plan**
You can improve emotional regulation by following strategies:
- **Reappraisal**: This involves reinterpreting the meaning of an event so as to alter the emotional impact. For example, this might involve reinterpreting an event by broadening one’s perspective and looking “at the bigger picture.”
- **Distancing**: This involves that you don’t evaluate situations according to your emotions.
- **Humor**: You can also make use of humor to effectively manage emotions.
Your Emotional Quotient in Detail

**Emotional Self Awareness**

<table>
<thead>
<tr>
<th>Meaning</th>
<th>Expert Analysis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Being aware of and recognize one's own emotions</td>
<td>You understand and recognize your own emotions very well. You are able to understand the feelings associated with the emotions that you experience, and also understand what you think and do as a result of those feelings. This quality of high emotional self-awareness helps you understand the reasons for your actions, because it is these emotions that actually drive your behavior. This gives you greater control over the decisions you make. You are not carried away by your negative emotions. You have the ability to deal with the potentially destructive emotions quickly and prevent them from harming you or others.</td>
</tr>
</tbody>
</table>

**Development Plan**

You have scored well in this trait.

**Emotional Self Efficacy**

<table>
<thead>
<tr>
<th>Meaning</th>
<th>Expert Analysis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Belief in one's capability to understand and deal with one's emotions</td>
<td>You have a strong belief in your potential to understand and deal with your own emotions. Your perceived capacity to deal with negative emotions is high. Also, you strongly believe in your ability to understand and regulate your emotions. You believe that you have control over your feelings. This enables you to manage them internally by solving problems in difficult situations, without being affected by them. You also take ownership of your emotions, and clearly understand that they reflect your personal and subjective experience.</td>
</tr>
</tbody>
</table>

**Development Plan**

You have scored well in this trait.
Your Emotional Quotient in Detail

**Motivation**

<table>
<thead>
<tr>
<th>Meaning</th>
<th>Expert Analysis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Having achievement drive, optimism, and being committed to one's values, needs and goals</td>
<td>You find it easy to set goals and achieve them. You can easily initiate and sustain a task you find important and meaningful. You face challenges &amp; think positively in the direction of overcoming them. You are flexible in your approach and as a result you are able to achieve most of your goals. You have a wide range of strategies to lift your morale when you are feeling low. When a problem seems overpowering, you view it as a challenge, which allows you to come up with a right strategy to solve that particular problem. You are also able to focus on the task and avoid all distractions which are a hindrance to the goals you are seeking</td>
</tr>
</tbody>
</table>

**Development Plan**

You have scored well in this trait.
Your Dominant Style

Creative Orientation  People Orientation

Your Dominant Interests

Commerce & Management  Entrepreneurship  Design  Education Training & Social Services  Marketing

Your Dominant Personality

Enthusiasm  Extraversion  Moral Conformity

Your Dominant Aptitude

Creative  Language Usage  Numerical

Your Dominant Emotional Quotient

Empathy  Conflict Management
Animation and graphics is the combination of art with technology to produce movies, websites, digital content, video games etc. This domain requires having basic knowledge of fine arts along with ability to use computers and technology for creating digital special effects, producing 2D and 3D programs, creating graphics for websites, logos, illustrations etc. UI/UX designers are at the helm of this work. This can be an ideal job for people who have a creative bent of mind and are also tech savvy.

Along with the right education in the field, one should have an attitude and passion to excel in animation graphics.

Bachelor's degree in graphic designing, graphic arts or visual communication is available in various universities and institutes. One can also pursue a certificate or diploma in animation. If one's interest lies in UI/UX design, then computer science is an important subject for them.

Job opportunities are available in Top Design Firms, Advertising Agencies, MNCs, Website and App Development Agencies, Electronic Industry, Entertainment Industry amongst others.

Trending Field: Character Animator, UI UX Designers, Graphic Designers
A career in Management makes students familiar with knowledge of business, trade, management techniques, industry, basics of economics, fiscal policies, industrial policies, share market, stock markets, etc. Management studies teaches one how to manage a business professionally.

With increasing competition in the field, huge number of colleges providing management related courses have mushroomed across the country offering traditional specializations such as Finance, Marketing, Operations and Human Resources to the trending specializations like Health Care Management, Sports Management, Rural Management, Fashion Management etc.

Students who are keen to take up management as a career option after class 12th can opt for BBA, BBS or BBM for developing a sound base in the field of management education. After graduation, one may opt for an MBA degree in a specialized field.

Management is a career option which can also be pursued after almost any graduation degree such as Law, Engineering, Medicine, Social Sciences among others.

Management is one of the most sought after careers because of the lucrative salaries and good future prospects it offers; especially if one graduates from the leading management colleges.


<table>
<thead>
<tr>
<th>Style</th>
<th>Interest</th>
<th>Aptitude</th>
<th>Personality</th>
<th>EQ</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Your Match with Management**
Entrepreneurs are leaders willing to take risk and exercise initiative to take advantage of market opportunities often by innovating or improving existing products & services. Developed countries are moving from ‘managerial’ to ‘entrepreneurial’ economies. India, as an emerging economy, is ensuring that entrepreneurship is embraced as a career choice for the young. The ecosystem for Entrepreneurship commonly known as Start-Ups is at its brightest.

While no specific education or training is required to start a business venture of your own, the odds of success increase exponentially when entrepreneurs have a solid education background. With the popularity of entrepreneurship rising, many universities/institutes offer programs to groom budding entrepreneurs. These programs are available at undergraduate (BBS, BBA) and post graduate levels (MBA). Most top business schools also provide courses for entrepreneurship.

Entrepreneurs are job creators rather than job seekers. They create products and services rather than the path of running one’s own business, participating in a family business or starting a partnered venture, entrepreneurs take up roles in the field of business consulting, sales, research and development, not-for-profit management, and mid-level management.


<table>
<thead>
<tr>
<th>Entrepreneurship Style</th>
<th>Interest</th>
<th>Aptitude</th>
<th>Personality</th>
<th>EQ</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Your Match with Entrepreneurship

Score

samplenewmatch
A career in Education and training is considered a noble one in India as well as across the globe. Educators pass on accumulated knowledge to the new generation shaping the future of the country. Educators require a perfect blend of essential attributes like patience, confidence, liking for and understanding of children/students. Education & training is such a broad domain that different skills and type of trainings are required for different levels. Areas of specialization include teaching at nursery schools, middle schools, high schools, colleges, universities, institutes, special schools etc.

The demand for qualified educators is on rise and this trend is not likely to change anytime in the near future. Whether you're interested in working as a professor or elementary school teacher, a special educator, instructor or corporate trainer you're sure to find a career in education extremely rewarding.

For different levels, a different set of qualification is required ranging from nursery which requires a higher secondary degree (10+2 examination) along with B.Ed. to university level, where one requires at least a masters degree with NET qualification certificate. For aspirants planning to enter the domain of training, they need to gain relevant expertise and experience.

All top Schools and Colleges both in the private and public sector are constantly on the lookout for good talent in the field of education & training and are thus amongst the top recruiters. Training organizations and corporates are also on constant lookout for qualified trainers and experts.
Career in design is for people who have a creative outlook and are able to form innovative connections between colors, shape, materials and textures. Designers are required in nearly every sector whether in designing cars, clothes, buildings, products, logos, theatre sets, merchandise sets, landscapes etc. While most indulge in computer-aided designs, a basic fine art is also intrinsic to designing.

Design has wide variety of sub fields including graphic designing, fashion designing, interior designing, web designing, set designing, industrial designing, visual merchandise designing etc. Each of these categories requires a domain specialization. One can select their area of specialization on the basis of their interest, skill and aptitude. Most institutes have an entrance exam for admission and competition for the premier institutes like NID and NIFT is quite high.

In order to build a career in design one should have a bachelor’s or master’s degree in a particular field.

Designers can find jobs in Fashion Houses, Media Houses, Automobile Industry, Technology Firms, Web Designing Firms etc. A lot of designers also pursue their career as a Freelancer.

Trending Field: Graphic Design, Fashion Design, Animation & Graphics
Got any questions?

- How can I explore other career opportunities as well?
- How do I find my best fit colleges and courses?
- I want to further explore my best career match
- I want guidance & hand holding in my career planning

Consult with our experts!
Next Steps

Log on to

www.mindler.com